**Hiking the Pinhoti Trail in Cheaha State Park**

**Oct 9, 2011**

**John Jensen (555-555-5555)**

**Date and time:** Oct 9: 8:30-5:00 PM

**Description:** Come along for a really fun day hiking the Pinhoti Trail in one of Alabama’s most beautiful state parks and wilderness areas just 65 miles from Auburn. You will be able to make some new friends and experience an aspect of Alabama that you cannot learn from a book. Be refreshed as you experience majestic trees and breath-taking vistas. Did you know that Cheaha Mountain is the highest elevation in Alabama? This is a place you will want to return to again and again for your own enjoyment or when family members visit from out of town. The hike will be strenuous at times during the approximately 7 miles that we plan to hike.

**Location:** 90 minutes from Auburn. Use this time to make new friends and learn more about Alabama’s parks and forests that are open to the public. There are plenty of places to explore if you know where to look.

**Transportation:** provided (but let me know if you are willing to drive your vehicle).

**Food and drink:** Eat breakfast at home before departure. Pack a nutritious lunch, carry plenty of water (2 liters) and trail snacks to provide energy for this demanding adventure.

**Items you may want to bring:** a small day pack, socks and a good pair of tennis shoes or hiking boots that are broken in and won’t cause blisters. The trail is strenuous up and down in rocky terrain. Also, dress for the weather…light short-sleeved shirt while hiking and a heavier long-sleeved shirt to wear when sitting still. Check the weather before leaving. You may find that rain may threaten, so a rain poncho may be necessary. Also, the elevation of our hike will make the air temperature several degrees cooler than the weather in Auburn so extra clothing may be important.

**Meeting location:** Meet in the parking lot of the Auburn Hotel & Conference Center, across from the AU Library on College St.

**Limit: 10 International Students**

**Cost: $5 (cash)**

**Hike in Cheaha State Park (Oct 9, 2011)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Name** | | **Telephone** | **Email** | **Could you drive?**  **Yes/No** | **Confirmed** |
| **1** |  |  |  |  |  |
| **2** |  |  |  |  |  |
| **3** |  |  |  |  |  |
| **4** |  |  |  |  |  |
| **5** |  |  |  |  |  |
| **6** |  |  |  |  |  |
| **7** |  |  |  |  |  |
| **8** |  |  |  |  |  |
| **9** |  |  |  |  |  |
| **10** |  |  |  |  |  |
| **Alt** |  |  |  |  |  |
| **Alt** |  |  |  |  |  |
| **Alt** |  |  |  |  |  |
| **11** |  |  |  |  |  |
| **12** |  |  |  |  |  |
| **13** |  |  |  |  |  |
| **14** |  |  |  |  |  |
| **15** |  |  |  |  |  |
| **Alt** |  |  |  |  |  |